

God Loves Healthy Relationships

God loves relationships. He delights in his relationship with you, and he delights in your healthy relationships with others.

God is a perfect friend because he always helps you become the-best-version-of-yourself. Other people might ask you to do things that will lead you to become a-second-rate-version-of-yourself, but not God. Everything he asks you to do comes from his desire for you to become the-best-version-of-yourself, live a holy life, and be happy.

Forgiveness is essential to healthy relationships. Two of the most important life lessons are how to forgive and how to be forgiven. These two lessons are part of the Our Father prayer. We pray, “Forgive us our trespasses as we forgive those who trespass against us.” We are saying sorry to God for any wrong we have done and asking him to give us the grace to forgive anyone who has wronged us.

