

From the Bible: Adam and Eve

Sometimes we use our free will in ways that are good, and sometimes we use it in ways that hurt ourselves and others. This is something the first human beings discovered. Who were the first human beings?

Adam and Eve.

God loved Adam and Eve so much that he blessed them with free will. He gave them a beautiful world to live in and they had everything they needed.

Because he loved them so much, he warned them, “Do not eat the fruit of the tree in the middle of the garden because, if you do, you will die!”

It's important to understand that the reason God didn't want them to eat the fruit was because he loved them so much and didn't want them to hurt themselves.

One day Adam and Eve were in the middle of the garden, near the forbidden tree with the forbidden fruit.



A snake came along and started talking to them. Then the snake said, "You should eat the fruit."

"Oh, we can't," Eve said.

"Why not?" asked the snake.

"If we eat it we will die!" Eve explained.

"No you won't," said the snake.

At that moment Adam and Eve began to doubt all the good things that God had done for them and told them.

Then Eve took the fruit and ate it. She gave some to Adam and he ate it too.

All at once they realized they had made a terrible mistake, and it made them sad. This is the story of original sin and temptation. Original means "first" (adapted from Genesis 3:1–7).

Adam and Eve experienced temptation and sin, and so do you and I. They made a bad decision. God wants to teach you how to be a great decision maker so you can live a rich, full, happy life in this world—and live with him in heaven in eternal bliss forever.

