

Follow Your Conscience

We have been exploring some of the many ways God has blessed you. Life is the greatest blessing. Free will is another fabulous blessing. Both come with great responsibility.

To help you become the-best-version-of-yourself and live a holy life, God has also blessed you with a conscience. Conscience is the gentle voice inside you that encourages you to do good and avoid evil. God speaks to us through our conscience. Your conscience encourages you to become the-best-version-of-yourself. It also warns you when you are thinking of doing something that will offend God and make you unhappy.

The more we listen to our conscience and obey what it tells us, the easier it becomes to hear it. At first it may be difficult to follow our conscience. Lots of things are difficult at first. But don't give up. Keep trying. Never stop trying. God will never give up on you, and you should never give up on yourself.

Following our conscience makes us happy. Ignoring our conscience makes us restless and unhappy.

Do you know what a regret is? A regret is something you wish you had not done. All our regrets come from ignoring our conscience.

Sometimes you are thinking of doing something, but you get a yucky feeling inside or you hear a little voice inside you advising you not to do it. That is your conscience. If you do that thing and ignore your conscience, that yucky feeling will sink deep down into your heart and soul. But if you listen to that gentle voice inside you and do the right thing, you will be glad you did and filled with joy.

Follow your conscience. You will never regret it.

