



Diocese of Buffalo

Department of Lifelong Faith Formation

A member of the Division for Evangelization and Catechesis

Key Element IV: Prayer

How We Pray

“God tirelessly calls each person to that mysterious encounter known as prayer” (CCC no. 1075). His initiative comes first; the human response to his initiative is itself prompted by the grace of the Holy Spirit... In prayer, the Holy Spirit not only reveals the identity of the Triune God to human persons but also reveals the identity of human persons to themselves. (NDC no. 34)

Key Element IV: Prayer

Teaching the disciple how to pray with Christ

The issue is the primacy of God... If a man's heart is not good, then nothing else can turn out good either. (Pope Benedict XVI, Jesus of Nazareth, New York: Doubleday, 2007, 33-34)

Catechesis teaches the Christian how to pray with Christ. Conversion to Christ and communion with him lead the faithful to adopt his disposition of prayer and reflection. (NDC no. 20:4)

Communion with Jesus Christ leads the disciples to assume the attitude of prayer and contemplation which the Master himself had. To learn to pray with Jesus is to pray with the same sentiments with which he turned to the Father: adoration, praise, thanksgiving, filial confidence, supplication and awe for his glory. (GDC no. 85)

Forming Disciples

Key Element IV Prayer Grade Pre-K

	<i>Key Element IV: Prayer</i>	Connections	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	<i>Standard 7</i>				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.	Sunday Mass 17 th Sunday OT-C			
	<u>Indicators</u>				
PK.07.01	Describe how prayer is talking to God as a loving Father.	Sunday Mass (Lord's Prayer)	2558, 2590	534	463-464, 478
PK.07.02	Recall that Jesus helps us to pray.	17 th Sunday OT-C	2601, 2608-2614, 2621	544	466-467, 484-485
PK.07.03	Identify prayer as the way we show we love God.		2566-2567	535	463-464
PK.07.04	Realize that songs can be prayers.	August 28 (Memorial of St. Augustine)	2639-2643	556	473
PK.07.05	Pray before meals and give thanks to God.				See <i>Grace Before and After Meals</i> , 536
PK.07.06	Follow and recite the Sign of the Cross and the Glory Be.	Rite of Acceptance (RCIA) Solemnity of the Most Holy Trinity Solemnity of the Ascension of		See <i>Common Prayers</i> , p. 181	See <i>Traditional Catholic Prayers</i> , 532

Forming Disciples

		the Lord			
PK.07.07	Show respect for the names of God the Father, God the Son (Jesus Christ) and God the Holy Spirit, in speech and when using these names in prayer.	3 rd Sunday Lent- B (1 st Reading)	2142-2149, 2160-2162	447	473
PK.07.08	Repeat the prayer to the Guardian Angel.	October 2 nd , Feast of the Guardian Angels		<i>See Angel of God, p.181</i>	<i>See Prayer, 538</i>

Forming Disciples

Key Element IV Prayer Grade K

	<i>Key Element IV: Prayer</i>	Connections	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	Standard 7				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
K.07.01	<i>Share the simple prayers in the morning, evening and at mealtime done at home.</i>			See <i>Common Prayers</i> , pp. 181-184	See Prayers, 533, 536
K.07.02	<i>Recall that we pray spontaneously on special occasions.</i>		2629-2633, 2646	553	218-220, 467-468
K.07.03	Participate in prayer alone, in class, with the family and at church.		2691, 2696	566	469, 473
K.07.04	Recognize that we can pray to God to help ourselves and others, and that this is a prayer of petition.	Sunday Mass (Universal Prayer – Prayer of the Faithful)	2629-2636, 2646-2647	553-554	467
K.07.05	Identify that we remember and pray for the dead; say a prayer for someone special who has died.	Sunday Mass (Mass Intension, Eucharistic Prayer) All Souls Day	958, 1030-1032	See <i>Eternal Rest</i> , p. 181	158-162
K.07.06	Memorize and recite the Sign of the Cross and the Glory Be.	Solemnity of the Most Holy Trinity Solemnity of the Ascension of the Lord	See <i>Sign of the Cross</i> and <i>Glory Be</i> , 2157	See <i>Sign of the Cross</i> and <i>Glory Be</i> , p. 181	532

Forming Disciples

K.07.07	<i>Recall that we ask Blessed Mother Mary and the saints to pray to Jesus for us.</i>	Baptism: Litany of Saints Feast of All Saints and saint feast days	2673-2682	562-565	470-472
K.07.08	State that "Amen" is an end to prayers and a yes to God.		2855-2856, 2865	598	4910, See <i>Amen</i> , 503

Forming Disciples

Key Element IV Prayer Grade K

	<i>Key Element IV: Prayer</i>	Connections	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
K.07.09	Identify the church as a sacred place where the people of God gather to pray and to worship God.	Tour of parish church	2691, 2696	566	174-176
K.07.10	<i>Demonstrate how we respect others while participating in the liturgy.</i>		2686, 2691	566	472

Forming Disciples

Key Element IV Prayer Grade 1

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	<i>Standard 7</i>				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
1.07.01	Recognize that prayer is listening to and talking to God as our loving Father.	Sunday Mass Lord's Prayer	2558-2569, 2590	534	478, 490-492
1.07.02	Define prayer as coming into God's presence; when we love him, we are with him.		2652-2659	558	468-469
1.07.03	Explain how Jesus teaches us to pray.	17 th Sunday OT-C 9 th Sunday OT-A	2608-2614, 2621	544	466-467
1.07.04	Memorize and recite the Sign of the Cross, the Lord's Prayer, the Hail Mary and the Glory Be.			See <i>Sign of the Cross</i> , p. 181	184, See <i>Sign of the Cross</i> , 532
1.07.05	<i>Discuss why morning, mealtime and night prayers are important.</i>		2697-2698, 2720	567	533-534
1.07.06	Explain what family prayer is.	23 rd Sunday OT-A	2685-2690, 2694-2695	565	472

Forming Disciples

Key Element IV Prayer Grade 1

	Key Element IV: Prayer	Connections	CCC	Compendium	USCCA
1.07.07	<i>Understand that prayer together, such as family prayer, is a way of life for Christians (Mt 18:19).</i>	23 rd Sunday OT-A	1657, 2685-2691, 2694-2696	565	472
1.07.08	Share an example of a prayer for the dead.	The Commemoration of All the Faithful Departed (All Souls) Funeral Mass	958, 1030-1032	See <i>Eternal Rest</i> , p.181	161, See <i>Prayer for Souls in Purgatory</i> , p. 537
1.07.09	<i>Understand that we pray when we talk to God with our minds and hearts.</i>		1176, 2700-2704	569	463-464
1.07.10	Recognize that asking God for his help is called a prayer of petition.	Sunday Mass (Universal Prayer)	2629-2636, 2646-2647	553-554	467-468
1.07.11	<i>Understand that the Holy Spirit helps us to pray.</i>		2670-2672, 2680-2681	561	467-469
1.07.12	Recognize that when we pray to the Blessed Mother and the saints, they intercede to Jesus for us.	Litany of the Saints	2673-2679, 2682-2684, 2692-2693	562-564	470-472
1.07.13	<i>Discuss why it is important to pray by yourself and with your family.</i>		2685-2691, 2694-2696	565, 566	472
1.07.14	Describe how the church is a special and sacred place.	Tour of the parish church	2691, 2696	566	174

Forming Disciples

Key Element IV Prayer Grade 2

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	Standard 7				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
2.07.01	Recite a prayer of contrition.	Celebrations of the Sacrament of Reconciliation	1451	See <i>Act of Contrition</i> p.191	See <i>Acts of Contrition</i> , 536
2.07.02	Identify the Sign of the Cross as a prayer to the Trinity.	Solemnity of the Most Holy Trinity Solemnity of the Ascension of the Lord	See <i>The Sign of the Cross</i> , p.899	See <i>The Sign of the Cross</i> , p. 181	See <i>The Sign of the Cross</i> , 533
2.07.03	Recognize that Jesus prayed to God His Father and taught us to say the "Our Father."	Sunday Mass Lord's Prayer 17 th Sunday OT-C	2608-2614 2621	544	466-467
2.07.04	Memorize the Apostles' Creed.	Sunday Mass Presentation of the Creed (RCIA, preferably during the week after the First Scrutiny has been celebrated – 3 rd Sunday of Lent – always Cycle A regardless of liturgical year)	See <i>Apostles Creed</i> , p. 49	See <i>Apostles Creed</i> , p. 15	See <i>Apostles Creed</i> , 532
2.07.05	Write and recite a prayer for someone special who has died.	The Commemoration of All the Faithful Departed (All Souls)	958, 1032	See <i>Eternal Rest</i> , p. 181	161

Forming Disciples

		Funeral Mass			
2.07.06	Recite the Hail Mary to praise God and to ask for Mary's intercession.	Marian feasts	2676-2678, 2682	See <i>The Hail Mary</i> , 181, 562-563	See <i>Hail Mary</i> , 532
2.07.07	Recognize prayer as blessing, adoration, petition, intercession, thanksgiving and praise.	Eucharistic Prayer	2626-2649	550-556	467-468

Forming Disciples

Key Element IV Prayer Grade 2

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
2.07.08	Identify prayer as communication with God who loves us.	17 th Sunday OT-C 9 th Sunday OT-A	2558-2565, 2590	534	463
2.07.09	Recognize hymns as prayers.	August 28 (Memorial of St. Augustine)	1156-1158, 1191	239	177
2.07.10	Explain that at Mass we gather not just to listen and pray responses but to pray the whole Mass.		1348, 1368- 1372, 1414	281	218
2.07.11	Show an understanding of the prayer of adoration during Mass and before the Blessed Sacrament.	Eucharistic Prayer Eucharistic Adoration Palm Sunday A,B,C	2628	552	477

Forming Disciples

Key Element IV Prayer Grade 3

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	<i>Standard 7</i>				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
3.07.01	Observe that God hears and answers our prayers.	6 th Sunday of Easter- C	2615-2616	545	469, 575
3.07.02	Explain that listening to God's word in Scripture is a privileged way God speaks to us today.	Liturgy of the Word	2652-2662	558	464, 469
3.07.03	<i>Show the difference between spontaneous prayer and liturgical prayer.</i>		1066-1075, 2629-2633,	218-219, 553- 554	477
3.07.04	Explain the Apostles' Creed as a prayer.	Sunday Mass	2558	534	298
3.07.05	<i>Describe prayer as talking to and listening to God.</i>		2558-2565, 2590	534	467
3.07.06	Identify prayer as blessing, adoration, contrition, petition, intercession, thanksgiving and praise.		2626-2649	550-556	467-468
3.07.07	<i>Write a prayer for the faithful departed.</i>	The Commemoration of All the Faithful Departed (All Souls) Funeral Mass	958, 1032, 1479	See <i>Eternal Rest</i> , p. 181	161, See <i>Prayer for Souls in Purgatory</i> , 537

Forming Disciples

3.07.08	Differentiate between private and public prayer.		1066-1070, 2705-2719	218, 570-571	37, 493-301
3.07.09	<i>Discuss various ways that families and people can pray together.</i>		2697-2699	567-568	472

Forming Disciples

Key Element IV Prayer Grade 4

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	Standard 7				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
4.07.01	Indicate that Christians forgive those who hurt them and pray for everyone, the living and the dead.	Lord's Prayer Universal Prayer (prayer of the Faithful)	1021-1032 1051-1054, 2838-2845, 2862	208-211, 594	161, 235-237, 467, 488-489
4.07.02	Pray the Rosary as a special prayer that helps us imitate the lives of Jesus and Mary.	Marian Feasts Praying the Rosary throughout the year: joyful (Christmas), sorrowful (Holy Week), glorious (Easter), luminous (Ordinary Time)	971	198	298-300
4.07.03	<i>Describe the Rosary as a way we come to understand Jesus through the eyes and "school" of Mary.</i>		971	198	298-300
4.07.04	Recognize that the mysteries of the Rosary are meditations on different events in the lives of Christ and his Blessed Mother.	Marian Feasts Praying the Rosary throughout the year: joyful (Christmas), sorrowful (Holy Week),	971, 2708	See <i>The Rosary</i> , p.189, 198	298-299

Forming Disciples

		glorious (Easter), luminous (Ordinary Time)			
4.07.05	<i>Recognize prayer as an important part of leading a moral life.</i>		2030-2031, 2047	429	See #2 <i>How prayer is connected to Christian life,</i> 475

Forming Disciples

Key Element IV Prayer Grade 4

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
4.07.06	Identify prayer as blessing, adoration, contrition, petition, intercession, thanksgiving and praise		2626-2649	550-556	467-468
4.07.07	Identify the Nicene Creed as the statement of beliefs we pray at Mass.	Sunday Mass	See <i>Nicene Creed</i> , p. 50, 195	See <i>Nicene Creed</i> , p. 16	46-47, See <i>Nicene Creed</i> , 521
4.07.08	<i>Write and recite a prayer of blessing and thanksgiving.</i>		2626-2627, 2637-2638	551, 555	See <i>Grace After Meals</i> , 536
4.07.09	Explain the difference between meditative prayer (as a vehicle to think about the mysteries of our salvation in Christ) and contemplative prayer (as being with God like being with our best friend and simply enjoying his presence).		2705-2708, 2709-2719, 2723-2724	570, 571	473-474

Forming Disciples

Key Element IV Prayer Grade 5

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	<i>Standard 7</i>				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
5.07.01	Pray daily as a way of calling God to mind, remaining in his presence, being in love with him, seeking his guidance, expressing sorrow for sins, seeking his forgiveness, growing in trust of him and simply thanking him. (1Thes 5:17)	Lord's Prayer 3 rd Sunday Advent- B (2 nd Reading) 2 nd Sunday OT-B (First Reading)		See <i>Acts of Faith, Hope and Love</i> , p. 191	476-477
5.07.02	Recognize sacramental ritual prayers.	Responsorial Psalms Liturgy of the Hours			171-172
5.07.03	Construct spontaneous and meditation prayers.		2629-2836, 1073	553-554	473-474
5.07.04	Memorize liturgical responses.		1066-1075	218-219	219-220
5.07.05	Lead the Rosary with a group (in class session or at home).	Marian Feasts Praying the Rosary throughout the year: joyful (Christmas), sorrowful (Holy Week), glorious (Easter), luminous (Ordinary Time)	971, 2678, 2708	See <i>The Rosary</i> , p. 189	See <i>How to Pray the Rosary</i> , 538-539
5.07.06	<i>Recognize prayer as a loving communication with God</i>		2558-2565,	534	476-477

Forming Disciples

	<i>that helps each person develop and strengthen their relationship with him and also the community of the Church.</i>		2590		
5.07.07	Understand that faithfulness to prayer and worship leads to the grace to lead a moral life.		2030-2031, 2047	429	464
5.07.08	Participate in the church as a celebration of the Paschal Mystery.	Liturgical Year	13223-1327, 1407	271-274	166-168

Forming Disciples

Key Element IV Prayer Grade 6

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	Standard 7				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
6.07.01	<i>Recognize that Catholic Christians pray daily to talk to God and to listen to God's will.</i>		2624-2625, 2742-2745	534, 576	476
6.07.02	Identify psalms as prayers found in the Old Testament that Jesus liked to pray.	Sunday Mass: Responsorial Psalm	2579, 2585-2589, 2596-2597	540	465-466
6.07.03	<i>Affirm that worship belongs to God alone.</i>		2095-2105, 2135-2136	443	341-343
6.07.04	Recognize the Eucharistic Liturgy as the community's central act of worship.		1378-1381, 1418	286	220-222
6.07.05	<i>Recognize that prayer deepens our awareness of our Covenant relationship with God.</i>		2558-2564	534	484-485
6.07.06	Identify the elements of the Lord's Prayer.	Sunday Mass	2803-2806	587-598	493-494
6.07.07	Recognize that the prayer of Christians is grounded in the Word of God in Scripture and Tradition.	<i>Lectio Divina</i> Hail Mary: 4 th Sunday Advent- B&C	2759-2760, 2773	578	473
6.07.08	Identify the Gospels, wisdom books and other books in Sacred Scripture as helpful for meditative prayer.	<i>Lectio Divina</i>	121-127, 2652-2662, 2705-2708,	22, 558, 570	473-474

Forming Disciples

2723

Key Element IV Prayer Grade 6

	<i>Key Element IV: Prayer</i>	<i>Connections</i>	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
6.07.09	<i>Compare and contrast personal prayer and communal prayer.</i>		2691, 2696	566	300-301
6.07.10	<i>Recognize the humility and faith of Mary as our model for prayer.</i>	4 th Sunday Advent- B 3 rd Sunday Advent -B (responsorial)	967-973, 2673-2679, 2682	562-563	173
6.07.11	Identify and list the four types of mysteries of the Rosary (Joyful, Mysteries of Light [Luminous], Sorrowful, and Glorious).	Marian Feasts Praying the Rosary throughout the year: joyful (Christmas), sorrowful (Holy Week), glorious (Easter), luminous (Ordinary Time)	1674, 2678, 2708	See <i>The Rosary</i> , p. 189	See <i>How to Pray the Rosary</i> , 539
6.07.12	Identify and define the five types of prayer: blessing, adoration, petition, intercession, thanksgiving and praise.		2626-2649	550-556	467-468
6.07.13	Participate in the church community's celebration of the Mass, especially on Sunday.	Sunday Mass	2177-2185, 2192-2193	453	166-168, 172-173, 225-227

Forming Disciples

Key Element IV Prayer Grade 7

	<i>Key Element IV: Prayer</i>	Connections	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	Standard 7				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
7.07.01	Examine our relationship with God through personal prayer in light of the call of all disciples of Jesus to conversion, to repentance and to become like Christ.	4 th Sunday Lent- C 24 th Sunday OT-C	1439, 2708, 2725-2745, 2754, 2784	301, 570, 574, 583	476
7.07.02	<i>Explain how prayer provides a deepening awareness of our covenant relationship with God.</i>		2779-2793, 2798-2801	583-585	485
7.07.03	<i>Explain which psalm is your favorite and why.</i>		1174-1178, 1196, 2579	243, 540	See <i>Good Shepherd Psalm</i> , 258-259, 465-466
7.07.04	Affirm that worship belongs to God alone.		2095-2105, 2135-2136	443	341-343
7.07.05	Recognize the Liturgy of the Eucharist as the community's central act of worship.		1378-1381, 1418	286	215-224
7.07.06	Recognize prayer using scripture.	<i>Lectio Divina</i>	2579, 2585-2589	540	464-469

Forming Disciples

Key Element IV Prayer Grade 7

	<i>Key Element IV: Prayer</i>	Connections	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
7.07.07	Identify and examine the elements of the Lord's Prayer.	Sunday Mass	2803-2806, 2857	587	483-490
7.07.08	Illustrate how the Lord's Prayer and the Hail Mary come from Sacred Scripture.	Lord's Prayer: 17 th Sunday OT-C Hail Mary: 4 th Sunday Advent –B&C	2673-2679, 2682, 2803- 2865	562-563, 580- 581	470-471, 483- 490
7.07.09	<i>Discuss the concept and need for openness and a generous response to God's call in our lives: vocation.</i>	3 rd Sunday OT-A 3 rd Sunday OT-B 5 th Sunday OT-C	897-900, 940, 2566- 2567	188, 535	269, 452
7.07.10	<i>Identify how the Gospel affirms and challenges our thoughts and actions.</i>		1262-1274, 1279-1280, 2761-2764	263, 579	182-184, 195- 197, 466-469
7.07.11	Outline the steps for Lectio Divina.	<i>Lectio Divina</i>	2705-2708, 2723	570	474, See <i>Lectio Divina</i> , 517- 518

Forming Disciples

Key Element IV Prayer Grade 8

	<i>Key Element IV: Prayer</i>	Connections	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
	Standard 7				
	PRAYER: Know and participate in the Catholic tradition of prayer and acknowledge prayer as the primary way we deepen our knowledge of God in the community.				
	<u>Indicators</u>				
8.07.01	Examine our relationship with God through personal prayer.		2697-2699, 2720	567-568	473-474
8.07.02	Discuss the concept and need for openness to God's call in our lives: vocation.	3 rd Sunday OT-A 3 rd Sunday OT-B 5 th Sunday OT-C	871-872, 934	177	452
8.07.03	Identify how the Gospel affirms and challenges our thoughts and actions.		2762-2764, 2774	579	466-468
8.07.04	Plan a Rite of Reconciliation.	Advent Lent	1440-1460	302-303	237-241
8.07.05	Write a spontaneous prayer.	World Day of Prayer	2626-2649	550-556	467-469
8.07.06	Compose a prayer for vocations.	August 1 (Feast of St. Alphonsus Marie Liguori) National Vocation Awareness Week (November 6-12, 2016)	873, 825, 898	165, 178, 188	452
8.07.07	Describe a specific Catholic devotion such as a novena.				See <i>Novena</i> , 521
8.07.08	Practice the prayer form of Lectio Divina.	<i>Lectio Divina</i>	2705-2708, 2723	570	474, See <i>Lectio Divina</i> , 517-518

Forming Disciples

Key Element IV Prayer Grade 8

	<i>Key Element IV: Prayer</i>	Connections	<i>CCC</i>	<i>Compendium</i>	<i>USCCA</i>
8.07.09	Examine how prayer of imagination, especially in the context of meditation, is part of the prayer life of a Christian		2705-2708, 2723	570	473-474, See <i>Meditation</i> , 519
8.07.10	Demonstrate how and why one participates in the Catholic devotion of Eucharistic adoration.	Eucharistic Adoration	1376-1381, 1413, 1418	282-283, 286	225-227