

Your Spiritual Gifts

"The Holy Spirit gave Jesus' followers special power to go out and tell people about Jesus. Why do we have to do it on our own?" Tanya asked, looking worried.

"Actually, you don't," Mrs. Evans said reassuringly. "When you were baptized and when you were confirmed, the Holy Spirit came and gave you special gifts, too. It wasn't as dramatic as having a flame from heaven rest over your head, but you still got the gifts of the Holy Spirit. St. Paul says these are: wisdom, knowledge, faith, healing, mighty deeds, prophecy, discernment, and tongues and interpretation."



Gifts From the Holy Spirit

The Holy Spirit gives different gifts to different people. In 1 Corinthians, St. Paul names many of these spiritual gifts. As you learn about them, see if you can discover which gifts you've been given.

WISDOM

Wisdom helps us see God's work in the world. We can grow in wisdom by learning more about God and looking for God in everything we do. We act with wisdom when we listen to others and help our friends make good choices.



Who do you know who has the gift of wisdom? What makes her or him wise?

How can you act with wisdom?



FAITH

Faith helps us believe in God and the way God works in the world. We can grow in faith by getting to know more about God through the Scriptures and the Church. We act with faith when we place our trust in God and when we share what we know and love about God with others.



Knowledge helps us understand how God works in the world. We all have knowledge but not always about the same things. We can grow in knowledge by studying hard in school or practicing a sport or instrument. We act with knowledge when we share what we know with others.



Who do you know who has the gift of faith? What makes him or her faithful?

How can you act with faith?



Who do you know who has the gift of knowledge? What makes him or her knowledgeable?

How can you act with knowledge?

HEALING

Healing means knowing how to make someone feel better. This can mean healing someone physically. It can also mean healing someone's spirit or cheering someone up. We grow in the gift of healing by taking time to listen to people when they're hurting. We act with the gift of healing when we cheer up someone who is sad or visit someone who is sick.



Do you know people with the gift of healing? How do they heal others?

How can you act with healing?

Mighty deeds aren't just big things that end up in the news. In fact, really small deeds can be mighty if we do them with mighty love. We can do mighty deeds by trying to make other people's lives better. When we shovel a neighbor's driveway after it snows or clear the table without being asked, we are performing mighty deeds.

Who do you know with the gift of mighty deeds?
What mighty deeds have they done?

What mighty deeds could you do?

PROPHECY

We can find examples of people using the gift of prophecy in Scripture. Some of these people were called prophets because through this gift they could share information with God's people that was previously secret. The gift of prophecy can, in some cases, mean knowing about future events or past events someone wasn't present for. Saint Paul tells us that prophecy can be divine inspiration about the unknown.

Who do you know with the gift of prophecy? How do they show it?

How can you act with the gift of prophecy?

Discernment means seeing things and people the way God sees them. We act with discernment when we remember that everyone, even people we don't get along with, are children of God.

Do you know people who have the gift of discernment?
How do they show it?

How can you act with the gift of discernment?

TONGUES AND INTERPRETATION

The Holy Spirit gave the disciples the gift of tongues at Pentecost so they could talk about Jesus so everyone could understand. In chapter 14 of 1 Corinthians, St. Paul tells us we can know someone is truly using the gift of tongues when that person's, or the whole group's, faith grows and gets stronger.

Name someone you know who has the gift of tongues or interpretation. How can you tell?

How can you act with the gift of tongues or interpretation of tongues?



Wisdom	Comforting someone whose father has died
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Knowledge Telling a teacher when you see someone being bullied

Helping your friend make a decision by thinking about what God would Healing

want her to choose

Mighty Deeds Helping your friend with his math homework

Spending one Saturday a month helping the homeless Discernment

Before starting an argument with your brother, you think about his side Prophecy

of things

Tongues/Interpretation Knowing, through divine inspiration, about something that will happen in

the future

Talking about your new faith and your friendship with God, inspiring

others to greater faith

Faith

- The gifts of the Holy Spirit can be discovered in the lives of the faithful.
- We use our spiritual gifts to love and serve one
- We're each responsible for discovering, growing, and sharing our spiritual gifts.

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