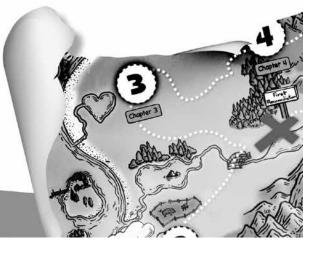
Reconciliation Home Guide



Discover God's Treasures



saint mary's press

Nihil Obstat:	Rev. Kevin J. O'Reilly, STD Censor Librorum December 2, 2015
Imprimatur: †	His Eminence, Timothy Michael Cardinal Dolan Archbishop of New York December 2, 2015

The nihil obstat and imprimatur are official declarations that a book or pamphlet is free of doctrinal or moral error. No implication is contained therein that those who have granted the nihil obstat or imprimatur agree with the contents, opinions, or statements expressed, nor do they assume any legal responsibility associated with publication.

Saint Mary's Press wishes to note that the nihil obstat and imprimatur were granted to the teaching guide and the activity booklets in this program.

The content in this program was developed and reviewed by the content engagement team at Saint Mary's Press. Content design and manufacturing were coordinated by the passionate team of creatives at Saint Mary's Press.

Copyright © 2016 by Saint Mary's Press, Christian Brothers Publications, 702 Terrace Heights, Winona, MN 55987-1320, www.smp.org. All rights reserved. No part of this guide may be reproduced by any means without the written permission of the publisher.

Printed in the United States of America

4500

Contents

Welcome		4
Program Ov	verview	5
Key Elements of the Program		
Chapter 1	Jesus Is Always with Us John 20:11–18	
Chapter 2	We Trust in God's Mercy Luke 15:11–32	20
Chapter 3	We Follow Jesus' Message of Love Mark 12:28–34	24
Chpater 4	We Follow the Ten Commandments Exodus 19:16–20:17	28
Chapter 5	We Ask for Forgiveness Luke 7:36–50	
Chapter 6	Jesus Loves and Cares for Us John 10:1–18	
Chapter 7	Jesus Helps Us Always Matthew 8:23–27	41
Chapter 8	The Holy Spirit Teaches Us John 14:15–31	46
The Rite of I	Reconciliation	51
Reconciliatio	on Key Words	53
Acknowledg	gments	54

Welcome

Welcome to Go Seek Find: Discover God's Treasures!

We at Saint Mary's Press are excited to partner with you in the important ministry of preparing your child for the celebration of the Sacrament of Reconciliation.

Through this new and unique program, your child will be led on an adventure of discovery as they explore the rich and beautiful significance of this sacrament in their life. *Go Seek Find* will engage and inspire your child, creating a spirit of excitement and joy around their journey toward encountering Jesus through the treasure that is the Sacrament of Reconciliation.

This program was developed with the real needs of your child at its center. The core text of this program is the Saint Mary's Press[®] Catholic Children's Bible. By using a Bible designed specifically for children and engaging with the Featured Stories within it, your child will explore the Sacrament of Reconciliation through the biblical lens of Jesus' life and works and learn more about their faith in language they can understand. Your child will also experience interactive core activities that bring the chapter lessons to life in a fun and memorable way. And your child will learn important information about the Sacrament of Reconciliation and reinforce this new knowledge through a variety of activities and family learning opportunities offered in the activity booklets that accompany each lesson.

Together, you and your child will *Go Seek Find* the incredible treasure that is the Sacrament of Reconciliation. May an ever-expanding awareness of Christ's presence in our lives be the source of faith, hope, and love for all of us!

With hopes and prayers for every blessing,

The Publishing Team at Saint Mary's Press

"Ask, and you will receive; seek, and you will find; knock, and the door will be opened to you."

(Matthew 7:7)

5

Program Overview

Program Outline

Chapter Number	Chapter Title	Lesson Goals	Featured Story	Key Words
1	Jesus Is Always with Us	 to identify that Christ died, rose from the dead, and is with us now to recognize that we meet Jesus in the sacraments to express that we confess our sins and are forgiven by God in the Sacrament of Reconciliation 	The Risen Jesus Appears to Mary Magdalene (John 20:11–18)	sacraments, grace, sin, Sacrament of Penance and Reconciliation, confession, conversion
2	We Trust in God's Mercy	 to recognize that God is a loving Father to identify that God always forgives us when we are truly sorry for our sins to explain that God's mercy comes to us in the Sacrament of Reconciliation 	The Forgiving Father (Luke 15:11–32)	mercy
3	We Follow Jesus' Message of Love	 to identify that we follow Jesus by loving God and others to recognize that we can learn about love in Sacred Scripture to explain that we can ask for forgiveness in the Sacrament of Reconciliation when we fail to love fully 	Love Is the Great- est Commandment (Mark 12:28–34)	Greatest Commandment, Sacred Scripture
4	We Follow the Ten Com- mandments	 to express that God gave us rules to keep his people safe and happy to recognize that the Ten Commandments are rooted in God's love for us to explain the difference between a sin and an accident 	God Gives His People the Ten Commandments (Exodus 19:16– 20:17)	Ten Command- ments, accident

Chapter Number	Chapter Title	Lesson Goals	Featured Story	Key Words
5	We Ask for Forgiveness	 to recognize that our sins can be forgiven if we are truly sorry to identify that we have more room for love when we are forgiven in the Sacrament of Reconciliation to explain the difference between mortal sin and venial sin 	Jesus Forgives a Woman's Sins (Luke 7:36–50)	mortal sin, venial sin
6	Jesus Loves and Cares for Us	 to recognize that Jesus loves and cares for us as a good shepherd cares for his sheep to recall that Jesus seeks us out when we stray, and we can return through the Sacrament of Reconciliation to explain that we express our sorrow for having sinned in the Act of Contrition 	Jesus Is the Good Shepherd (John 10:1–18)	penance, Act of Contrition, contrition
7	Jesus Helps Us Always	 to recognize Jesus as the Son of God who is with us in times of trouble to define ourselves as disciples of Jesus who call on him in the Sacrament of Reconciliation to explain that our sins are forgiven and we are restored to peace when we receive absolution 	Jesus Helps Us in Times of Trouble (Matthew 8:23– 27)	disciple, absolution, conscience
8	The Holy Spirit Teaches Us	 to recognize that the Holy Spirit is our helper and guide to identify that the Holy Spirit helps us in an examination of conscience as we prepare to receive the Sacrament of Reconciliation to review the key words and important concepts of these chapters in preparation for the Sacrament of Reconciliation 	Jesus Sends the Holy Spirit to Help Us (John 14:15–31)	examination of conscience

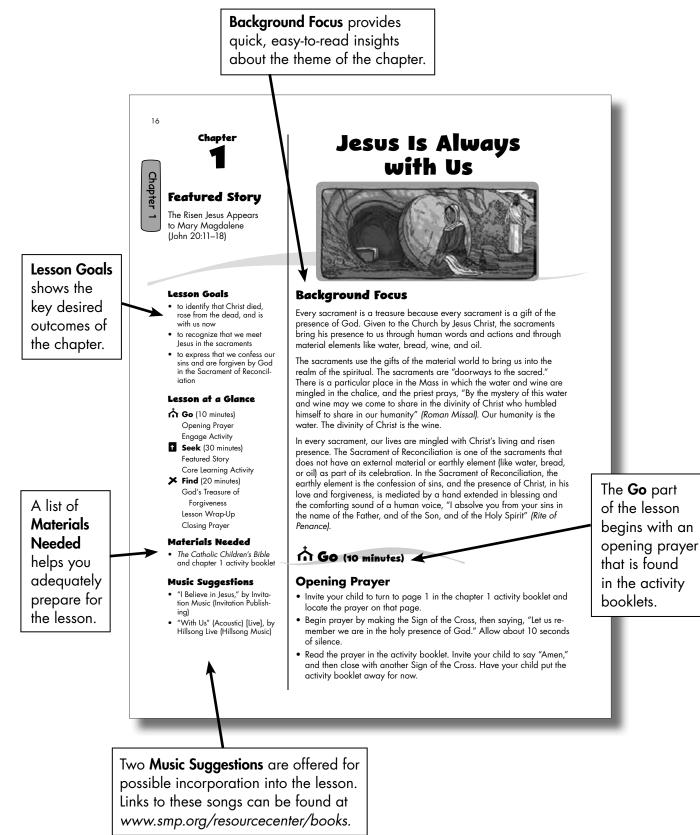
Program Components

The Catholic Children's Bible



Understanding the Components

Home Guide



Q

After the opening prayer, an Engage Activity will spark interest and create excitement for the lesson ahead.

Engage Activity

- Invite your child to recall everything they know about Jesus and record their ans rs on the board. Give them some examples if they need help. (Answers might include: born in Bethlehem is the Son of God, healed people and taught people about God, was crucified on the cross, etc.)
- Emphasize the point that Jesus died, was buried, and rose from the dead. Remind your child that this is what Christians celebrate each year on a very special and holy day. Ask them if they can name that holy day, the greatest day of the year (Easter)
- Tell your child that they will read about Jesus rising from the dead and will explore why that is important for us today

Seek (30 minutes)

Featured Story

- Invite your child to find John 20:11–18 in The Catholic Children's Bible (page 1701). ige 1701).
- Direct them to turn to page "I found it!" sticker next to t 1702 and place an Featured Story
- een the leaves on Tell them that the words bet page 1702 are a shortened ture story on the previous pa ersion of the Scrip
- Ask your child to look at the 1702–1703. Invite them to de irtwork on pages cribe what they see in the artwork and to pre story might be about. lict what the Bible
- Invite them to read the title on he page, and ask your child to share what the w rds "Risen Jesus" he cross, but he mean. [Jesus was crucified on rose again and is now risen fr the dead.)
- Ask your child to share what the know about Mary Magdalene. (She was a She loved Jesus very much. That end to lesus. why she was visiting his grave.)
- Read the Featured Story. Then a several ques tions to check for comprehensio such as these: > Why was Mary Maadalene o na? (She did not know where Jesus was.)

The **Seek** part of the lesson invites direct interaction with the Bible and the learning of key sacramentrelated themes through important Bible stories.

Jesus Is Always with Us

- > What did the angels ask her? ("Woman, why are you crying?"
- > What did Mary Magdalene answer? ("They have taken my Lord away, and I do not know where they have put him!") > What happened when Mary Magdalene
- turned around? (She saw Jesus.)
- Remind your child that this Bible story is the story of the very first Easter Sunday, when lesus ros from the dea
- Have your cl 18 Reconciliation Home Guide booklet and

Tell It!

• Ask your child to look at the images in Tell It! on page 1703.

17

Chapter

- Invite your child to use the images to retell the Bible reading as best they can
- Have your child use some of the smaller stickers to mark parts of the Featured Story pages that capture their interest. Remind them to save enough stickers to use on the remaining chap-

Core Learning Activity

The Bible Says

- · Invite your child to stand with their hands at their sides
- Explain that we will play a game similar to Simon Says
- Give directions in these similar words: > We will begin by stand ng with our hands at our sides
- > When I say, "The Bible pys, 'Christ has died," you will crunch do over your head, and repe vn, put your hands it, "Christ has died." Then you will stand up ag with hands at sides.
- When I say, "The Bible say, you will lift your arms into the "Christ is risen. Alleluia!" All 'Christ is risen.' e air and say, luia means, "Praise God!" Then you will ut your hands at your sides again and wait fo the next direction
- If I don't say, "The Bible says," stand still and do nothing. en you are to
- > If you move when I do not say, he Bible says," you will be given one stri three strikes, we will declare "G e. If you get e over.

Note: As in the game Simon Says, vo directions, sometimes saying, "The Bib rv vour says," and sometimes omitting it. Remind your chil with their hands at their sides while aw to stand ing the next direction. It will be helpful to end the game with, "The Bible says, 'Christ has risen, end on a positive note

• Remind your child of the Bible story for e day and how happy Mary Magdalene was nen she realized that Jesus had risen from th hnah

The **Find** part of the lesson relays key information about the sacrament.

Tell your child that Jesus, rising from the dead is Good News that we celebrate each year at Eas ter. Explain that we rejoice in this and celebrate we celebrate each year at Eas-ve rejoice in this and celebrate the fact that Jesu continues to be present to us in a special way today

× Find (20 minutes)

God's Treasure of Forgiveness

- Explain that Jesus gave us seven great and holy signs of God's love, and that these signs are called **sac aments**. Explain that Jesus is present to us ir so that we can a special way in the sacraments follow him more closely. Tell you child that the sacraments give us **grace**, the gift of God's life ir us, which makes us God's children and help us to stay away from **sin** and to do good thingy Explain that a sin is something we say, do, of think that does not follow God's Law.
- List the Seven Sacraments on a piece of paper, and give a brief description of each. Explain how the Sacraments of Baptism, Confirmation, and the Eucharist begin our life in the Church. Ask your child if they know that they have been baptized.
- Continue by explaining that in Baptism, we become children of God and all of our sins are washed away. Tell your child that the sins we commit after Baptism are forgiven through the Sacrament of Reconciliation. Circle this sacra ment on your paper
- Remind your child that this time together is to help them prepare for the Sacrament of Recon-ciliation. Tell them that this sacrament has many
 - > Its official Church name is: the Sacrament of Penance and Reconciliation. Often this is shortened to "the Sacrament of Pen-
 - ance" or "the Sacrament of Reconciliation Often we call this sacrament "confession" because in it we confess what we have done wrong. We say, "We are going to confession tomorrow afternoon.
 - > Sometimes it is called "the sacrament of conversion," because this sacrament helps us to convert, or change, for the better.

Each lesson is anchored by a Core Learning Activity. This activity presents an aspect of the chapter theme in a fun, engaging, and memorable way.

Chapter

open. Answ Understand Read Undersi Invite your ch heard, asking



reading to ch • Review these ≻ Mary Mag died. She > When she

> Then she t

she didn't

her name

She ran to

≻ Jesus was

20:18.)

Read Live It

Ask your child in their diary

were Mary A

• What wou

How did th

• Explain that

the dead be

with us. Expl

very special

you, Jesus, fo

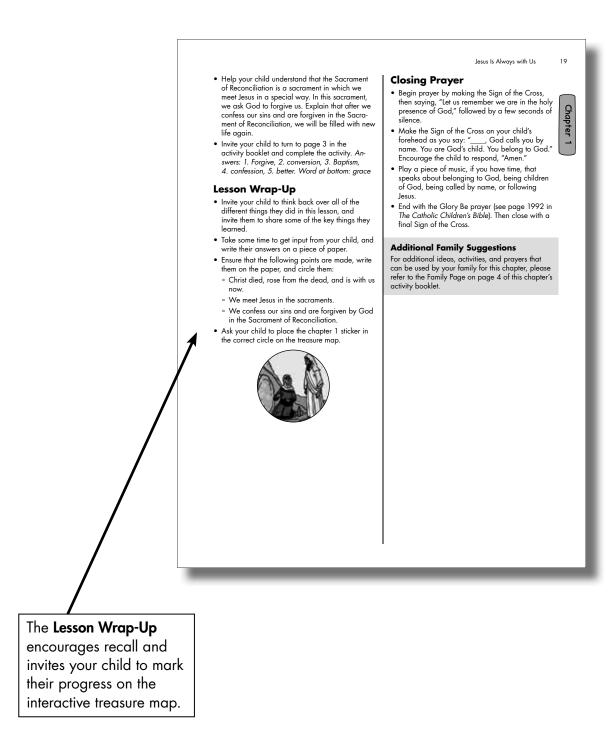
• Pray this sho

feeling as

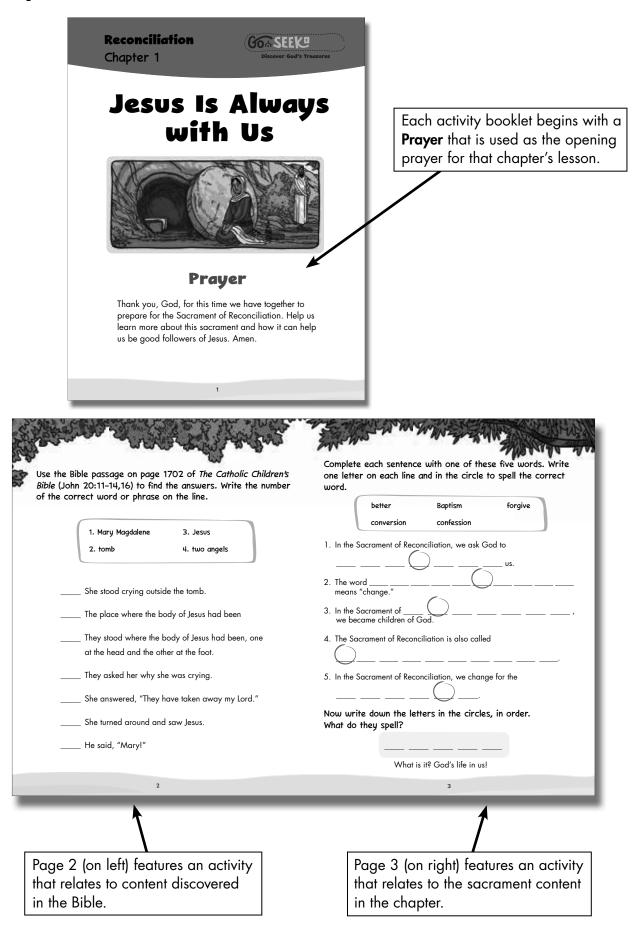
spoke their

Live It!

his body. She was v



Activity Booklets



The **Family Page** provides helpful information about the chapter and additional key ideas to bring the lesson to life at home.

Family Page

Background Focus

Every sacrament is a treasure because every sacrament is a gift of the presence of God. Given to the Church by Jesus Christ, the sacraments bring his presence to us through human words and actions, and material elements like water, bread, wine, and oil.

The sacraments use the gifts of the material world to bring us into the realm of the spiritual. The sacraments are "doorways to the sacred." There is a particular place in the Mass in which the water and wine are mingled in the chalice, and the priest prays: "By the mystery of this water and wine may we come to share in the divinity of Christ who humbled himself to share in our humanity" (Roman Missal). Our humanity is the water. The divinity of Christ is the wine.

In every sacrament, our lives are mingled with Christ's living and risen presence. The Sacrament of Reconciliation is one of the sacraments that does not have an external material or earthly element (like water, bread, or oil) as part of its celebration. In the Sacrament of Reconciliation, the earthly element is the confession of sins, and the presence of Christ, in his love and forgiveness, is mediated by a hand extended in blessing and the comforting sound of a human voice offering absolution and forgiveness of sins, in God's name.

Family Strategies

Our first community is the family, and learning to live in harmony at home is a first lesson in living in harmony with others. Harmony often involves following rules and procedures for the good of all. Present and enforce these rules and procedures as a source of family pride and identity. For example: In our family, we do not use electronics during meals; in our family, we do not call names; in our family, we serve guests first. You may soon hear a child explaining proudly to friends, "In our family"

[The quotation on page 4 of this activity booklet is from the English translation of *The Roman Missal* ^(©) 2010, International Commission on English in the Liturgy Corporation [ICEI] [Washington, DC: United States Conference of Catholic Bishops, 2011], page 529. Copyright ^(©) 2011, USCEB, Washington, DC. All rights reserved. Used with permission of the (ICEI [Facts contained in this work derived whole or in part from liturgical texts copyrighted by the International Commitsee on English in the Liturgy [ICEL] have been published here with the confirmation of the Committee on Drivine Worship, United States Conference of Catholic Bishops. No other texts in this work have been formally reviewed or approved by the United States Conference of Catholic Bishops]].

Family Activities

- Congratulate your child on beginning to prepare for Reconciliation. Talk about the sacrament together, and present the sacrament as an opportunity to experience God's love and forgiveness and a chance to start over.
- Read the Scripture passage from this lesson together, either the shorter version (John 20:11–14,16) or the longer one (John 20:11– 29). Remind your child that the Risen Jesus will be present at the Sacrament of Reconciliation but will not be seen.
- Watch the YouTube video "In Good Hands (Baby Dedication Song)," by Ben Chilcote (5:04), which expresses a parental perspective on caring for "God's child." Emphasize to your child that we are precious to God and are in God's good hands our entire lives.

Pray If!

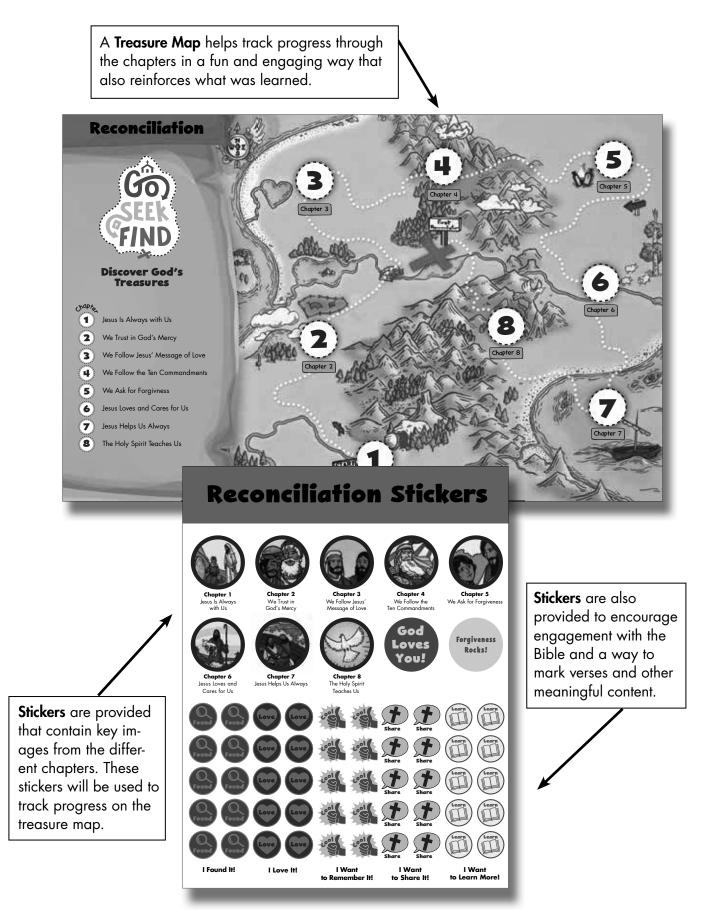
Pray this prayer together as a family, beginning and ending with the Sign of the Cross.

4

Risen Jesus, be with us each moment, especially as [name of child] prepares to receive the Sacrament of Reconciliation. Help us all to become good followers of Jesus. Amen.

© 2016 Saint Mary's Press

Treasure Map and Stickers



Key Elements of the Program

Home Guide

The home guide divides each chapter into three main parts: "Go," "Seek," and "Find." The "Go" section begins with an opening prayer and continues with a short activity to engage your child in the topic of the day. The "Seek" section involves exploring Scripture related to the sacrament of focus and a core learning activity centered on the chapter theme. The "Find" section provides a deeper look into the meaning of the sacrament and concludes the lesson with a summary and a closing prayer.

Activity Booklets

A fun and colorful activity booklet is provided for each chapter. These booklets include the opening prayer used for each lesson, two activity pages that support the learning of the chapter, and a family page that offers background on the chapter topic, strategies to integrate the values of Christian life into family life, and suggested activities related to the lesson to be done at home.

Additional Booklet

The Sacrament of Reconciliation resources include an additional booklet that contains all of the key words used in the program, an outline of the Rite, and an examination of conscience.

Treasure Map

The Sacrament of Reconciliation has its own treasure map. This unique and colorful resource is designed to build excitement as your child journeys through the various chapters on the way to their first celebration of the sacrament. Using stickers with key images from the Bible stories to be read in each chapter, your child will track their progress on a fun, engaging treasure map as they recall the key themes and lessons offered throughout the program.

Stickers

A sticker sheet is included in the resources for the Sacrament of Reconciliation. In addition to the stickers that allow the tracking of progress on the treasure map, there are stickers that allow your child to mark Featured Stories or key verses in the Bible that have special significance to them. This immerses your child in the Bible and helps them retain key lessons and messages throughout.

Music Suggestions

Music can add another wonderful dimension to this program. Each chapter includes two song suggestions that correspond to the chapter theme. These songs can be purchased and down-loaded online. For a complete list of all of the songs for the program, along with direct links for purchasing, please visit the online resources for this program at *www.smp.org/resourcenter* /books. Of course, you may also wish to add your own favorite hymns or songs such as those that are popular in your parish community.

How to Use All These Elements at Home

The Home Guide contains everything you need to bring all the elements of *Go Seek Find* together for successful use at home. Although you may have to make some adjustments for this program to fit your time frame or the individual gifts and interests of your child, you will find a complete easy-to-use structure from which to start. The current lesson is designed to take 60 minutes from start to finish; however, this can vary depending on the unique pace at which you and your child move through the lesson.

Quickly reviewing the content and flow of a chapter before working with it will be especially helpful in making decisions about how best to tailor it for your child. Once you cover the first chapter, you will begin to find your own unique rhythm and will be able to make quick adjustments to further refine the program for a perfect fit.

If you need additional ideas to supplement the content of the lesson, you can easily add some of the activities and ideas from the Family Page in each lesson's activity booklet. If you find the lessons are running longer than the time you have, you might consider skipping the Engage Activity and saving the activities in the booklets to be done at a different time.

You can involve the entire family in these lessons by gathering and preparing materials so that everyone can participate in the Core Learning Activity. This can make learning more fun, and it encourages learning across different ages. You will likely find that you enjoy these activities as well!