

# Seeds Promise

## Word of the Week: Words for You to Know

**anoint** To anoint means to bless a person with oil to show that he or she is special to God.



**Baptism** Baptism makes us children of God and members of God's family, the Church. Baptism also forgives Original Sin, which is the sin of the first human beings and the loss of grace their sin caused.



**Beatitudes** The Beatitudes are Jesus' list of attitudes and actions that will help his followers find real happiness.



**Bible**



The Bible is the holy book that tells us about God's love for us.

**Church**



The Church is God's family, the people that God has called together all around the world. (*Seeds*)

The Church is God's family, the faithful people that God has called together all around the world. (*Promise*)

**Church Year** The Church Year helps us to remember and celebrate Jesus' life.



**Confirmation** Confirmation celebrates the Gift of the Holy Spirit and gives us strength to do Jesus' work.



**Creator** We call God our Creator because he made our world and everything in it. (*Seeds*)



**creed** A creed is a prayer that tells what members of the Church believe.

**God** God made the whole world. Everything that God made is good.  
God made you and me.



**Gospel** A Gospel is a book in the Bible that tells us the Good News about Jesus.  
We listen to a Gospel reading at every Mass.



**Heaven** Heaven is living in happiness with God forever.

**Holy Communion** Holy Communion is the Body and Blood of Jesus Christ.

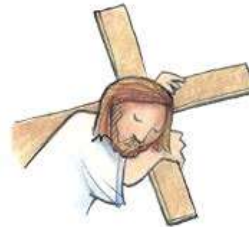


**Holy Spirit**



When Jesus went back to Heaven, he gave us a special helper.  
The Holy Spirit helps us to pray and do what is good.

**Holy Week** Holy Week is the week before Easter.



**Jesus** Jesus is God's Son. He is true God. He is also  
human like us. Jesus' Father is God in Heaven.



**marriage** Marriage is when a man and a woman promise  
to love each other forever.



**Mary**



Mary is Jesus' mother. Mary is our mother, too. She hears us when we talk to her in prayer.

**Mass** We gather at Mass to remember and thank Jesus.

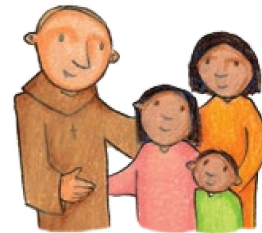


**mercy**



Mercy is being willing to forgive or help. It means treating others like God treats us.

**mission** A mission is being sent to love and help other people.



**neighbor** A neighbor is a person who lives near someone. Jesus said we should love our neighbor like we love ourselves.

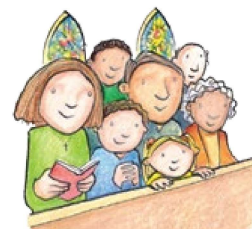


**New Testament** The New Testament is the second part of the Bible. It tells us about Jesus' life and teachings.



**Old Testament** The Old Testament is the first part of the Bible. It tells the story of God's love for his people.

**parish** A parish is our church family that gathers for Mass and prayer.



**pastor**



A pastor is a priest who leads a parish.

**prayer** Prayer is a heart-to-heart talk with God.



**Reconciliation** Reconciliation celebrates God's forgiveness of our unloving choices.



**respect** Respect means showing that a person or thing has been created by God. It means caring for it and treating it well.



**saint**



A saint is a person who lived like Jesus and is now in Heaven.

**service** We offer service when we help one another. (*Promise*)



**Sunday** On Sunday, we come together at Mass to remember and thank Jesus.



**Ten Commandments** The Ten Commandments are laws from God that tell us how to live good lives.

